



## Following the delivery of a *COMPLETE denture*

Congratulations!

Together, we made your new denture.

You will now go through an **ADAPTATION PHASE**. It can last up to 8 weeks and it is normal to feel slight discomfort at the beginning.

You will also produce more **saliva**. Do not panic, it returns to normal after about two weeks.

**In case of pain or small injuries** which may occur we can give you an appointment in order to alleviate the problems.

If the pain then comes back, *do not hesitate to contact us* for an additional adjustment of the prosthesis.

- ✚ *Remove and clean the denture after each meal* with a soft-bristle toothbrush and a low abrasiveness toothpaste.
- ✚ Twice a week, wash it with washing-up liquid.
- ✚ Do not sleep with your denture. *After cleaning it, leave it to dry for the night* (not in a glass of water).
- ✚ Remember *to brush the gums and the back of the tongue once a day* with a soft toothbrush.
- ✚ **Wet the denture before wearing it** (ideally, soak for 1 minute in water).
- ✚ If the denture breaks (wear, accident, etc.), *keep all the pieces* before going to your dentist.



Following removal or loss of teeth, the bones of the jaw begin to "melt" backwards. This bone remodeling is more active during the first 6 months and continues throughout all one's life. Thus, a "space" is created under the prosthesis and is recognized by **loss of stability, of retention and pain**. It is necessary to fill this space to restore comfort, this is called a **REBASING**.

It is therefore often necessary, 6 months after a series of tooth extractions, to rebase the prosthesis. **Optimal comfort is only possible after this step.**

Because of the remodeling of the bone and the normal wear of the denture, your denture requires **MAINTENANCE**. For example, it is normal to perform several rebasings of a denture over years of use.

*It is our pleasure to remain at your disposal to answer any questions and our aim is to provide any assistance you may require during the phases of adaptation and maintenance.*